

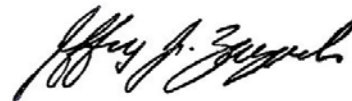
Active Louisville Kids

is recognized as a
Healthy Eating and Active Living (HEAL) Child Care Program

This center has completed the Boulder County Public Health HEAL 5210 Program.
This center's programs use 5-2-1-0 strategies that support policies, practices, and environments that promote healthy lifestyles.

- 5** or more fruits & vegetables
- 2** hours or less recreational screen time*
- 1** hour or more of physical activity
- 0** sugary drinks, more water & low fat milk

*Keep TV/Computer out of the bedroom. No screen time under the age of 2.



Jeffrey J. Zayach, MS
Executive Director,
Boulder County Public Health

Certificate Valid: 2020- 2021

For new certificate contact vee@bouldercounty.org or 303.413.7549